~~~ VIRTUAL & MINNEAPOLIS / ST PAUL AREA JOB TRANSITION GROUPS ~~~

Updated 6/10/2024

Job Transition Groups vary in format, location and either in-person or virtually. They often host guest speakers, offer group discussions on topics related to job search, and allow opportunity to network with other job seekers. Please share this list with career transition organizations, recruiters, employment agencies, churches, CareerForce Centers and individuals seeking employment to allow job seekers to choose a group that meets their needs.

Contact Nancy Fraasch at nancy@NancyFraaschConsulting.com with any changes, corrections, additions.
Latest updates to this list can be found at: https://www.nancyfraaschconsulting.com/strategies, click on "Virtual & Mpls / St Paul Area Job Transition Groups"

IN-PERSON MEETINGS	Location	Meeting Time	Format or Specialization	Contact Info
EDEN PRAIRIE Wooddale Job Transition Support Group	Wooddale Church 6630 Shady Oak Rd Eden Prairie	Mondays 7:15am In-person	Will create a tailored plan for you to find the right job. Includes networking, accountability, encouragement, and prayer support. Job Search 6-step Process Workshop	Lonny J. Gulden lonny@chiefconnectionsofficer.com Wooddale Church, 952-944-6300 https://jobtransition.net/ jtsg@wooddale.org
MN Crossroads Career Network – Networking with Grace	Grace Church 9301 Eden Prairie Rd. Eden Prairie, MN 55347	9 – 11am, 1st Thursday every month	Networking meeting to share contacts, leads, and encouragement No Registration needed, just come!	Wes Tang wesleyltang@hotmail.com www.mncrossroads.com/networking-with-grace
MN Crossroads Career Network – Eden Prairie	Grace Church 9301 Eden Prairie Rd. Eden Prairie, MN	7:30 - 9am, 1st Thursday every month	Topical Job Search presentation Connecting with other job seekers Coaching & Online Classes available. No Registration needed, just come!	Harry Urschel harry@mncrossroads.com www.mncrossroads.com
MEDINA Career Transition Group	Holy Name of Jesus Emmaus Rooms 155 County Road 24, Wayzata, MN 55391 In Medina west of 101	7:30am, 3rd Thursday of every month	Offering support to people in job transition or considering a career change.	https://www.hnoj.org/career-transition-group Mike Bangasser careertransitions@hnoj.org Bill Corrigan billcorrigan50@gmail.com
MINNEAPOLIS Basilica Employment Ministry	Basilica of St. Mary 1600 Hennepin Ave, Minneapolis	Varies, Email Jill for more info	Workshops, individual meetings. One-on-one work with ministry leader / volunteer coaches; Networking, job postings, resumes, assessments, and managing career transitions.	Jill Severtson at jsevertson@mary.org
WOODBURY MN Crossroads Career Network – Woodbury	Woodbury Lutheran Church 7380 Afton Road Woodbury, MN 55125	7 – 8:30pm 2nd Thursday monthly	Topical Job Search presentation, Connecting with other job seekers. Coaching & online classes available. No Registration needed, just come!	Tom Jacobson tjacobson9530@gmail.com www.mncrossroads.com
MINNEAPOLIS / ST PAUL LOCATIONS The White Box Club®	Various Hennepin County Public Libraries https://www.meetup.com/the-white-box-club-twin-cities-meetup/	9:30-11:30am 2nd or 3rd Wednesday monthly	Free live coaching sessions offer encouragement, and resources to anyone laid off, unemployed, or in a career transition.	More info on the Meetup site: https://www.meetup.com/the-white-box-club-twin-cities-meetup/ Questions: Michael Thomas Sunnarborg, michael@michaelcreative.com

VIRTUAL MEETINGS			Virtual meetings require computer or smart phone, and email address to attend	
CONNECT Face2Face	Virtual meetings, Register to attend	Mondays, 1:30 – 3:30pm	Professionals in job transition meet to interactively develop tools / skills to compete in today's rapidly evolving workplace, for both job seekers or those starting micro-business. Facilitator: Kimaileen White	https://tinyurl.com/3dauwdou Pre-register: https://us02web.zoom.us/meeting/register/tZcvc-CurjwvHdJ5ry1DSai-IGp67xMPdP- kimaileen.white@whitestonepersonalmarketing.com
Holy Name of Jesus Career Transitions Group – Career Transition Accountability Group	Virtual To join online meeting: https://link.besttechnologyinc.com/Accountability-Group	Every Tuesday 8:30 - 9:30am. Networking and job search support after.	Faith-based group dedicated to supporting job seekers with accountability / structure in their search. "Check-in" format to review activities / progress, discuss accountability for following week. Members are encouraged to stay and complete their action plan as part of a working session with others.	Info: https://link.besttechnologyinc.com/Accountability-Group OR https://www.hnoj.org/career-transition-group Questions, contact Mike Bangasser at careertransitions@hnoj.org or mike@besttechnologyinc.com
Job Search Planning & Support (JSPS)	Online Zoom & in-person support by appointment	Email to set Zoom or Monday in-person meetings.	Human Resource perspective of job search tools for unemployed / underemployed. Topics in reaching their short/long-term goals are discussed.	All services are free. To set appt or more info contact Vince at: vjguti@yahoo.com
Lord of Life Job Transition Group	Virtual Zoom meetings. Email or join LinkedIn Group for Zoom link	1st and 3rd Wednesdays monthly 7:30 – 8:30am	1st Wednesday – local / natl speakers on job search related topics. 3rd Wednesday - informal networking /discussion of various job search topics No pre-registration needed, see website for speaker schedule.	Nancy Fraasch nancy@nancyfraaschconsulting.com https://www.lordoflife.org/jobtransition Request to join LinkedIn Group: https://www.linkedin.com/groups/11900175/
MN Crossroads Career Network – Arden Hills	North Heights Church Virtual only See website for details and registration	7:30 – 9am, 3rd Thurs monthly	Topical presentation on Job Search. 1-to-1 Coaching & Online classes available.	Harry Urschel harry@mncrossroads.com https://www.mncrossroads.com/
MN Crossroads Career Network – Eden Prairie	Virtually See website for details and registration	7:30 - 9:30am 1st Thursday monthly	Webinar with topical job search presentation. 1-to-1 Coaching & Online classes available. Quarterly Full-Day in-person Workshops	Harry Urschel harry@mncrossroads.com https://www.mncrossroads.com/
MN Crossroads Career Network – Networking with Grace	Virtually See website for details and registration	9 – 10:30am every Thursday	Online Networking Meeting Gain (and offer) contacts, job leads, and support.	Wes Tang wesleyltang@hotmail.com https://www.mncrossroads.com/
MN Crossroads Career Network - Woodbury	Virtually See website for details and registration	7 - 8:30pm 2nd. Thursday monthly	Online Webinar Topical presentation on Job Search 1-to-1 Coaching & Online classes available	Tom Jacobson tjacobson9530@gmail.com https://www.mncrossroads.com/
The White Box Club®	Virtually via Zoom. Info to join meeting at: http://thewhiteboxclub.com	Tuesdays, 10-11am CST	Live group coaching sessions, encouragement, and resources to anyone laid off, unemployed, or in career transition. Webinars feature coaches / industry experts sharing their best insider tips / "golden nuggets" of wisdom / inspiration in an optimistic and encouraging environment.	http://thewhiteboxclub.com Questions: Michael Thomas Sunnarborg, michael@michaelcreative.com

MN STATE CAREERFORCE CENTERS (In-person & virtual)	**Location**	**Meeting Time**	**Format Or Specialization**	**Contact Info**
Carver County / Chaska Career Force Get Back to Work Job Club	In-person CareerForce 602 East 4th Street Chaska, MN	Mondays, 10am-noon	On-Site Job Club - opportunity to ask Entegris Recruiter, Doug Muller questions on all aspects of Job Search! Attendees drive the agenda! We welcome all job seekers in all stages of an employment search.	www.co.carver.mn.us… To register, call (952) 361-1711 jkennedy@co.carver.mn.us
Central Minnesota Jobs & Training - Professional Job Search Group	Meets virtually, serving job seekers throughout MN.	Tuesdays, 10am - noon	Interactive platform that focuses on the job-search strategies and tactics including local job seeker resources, DEED, grants, LinkedIn, and other social media techniques.	More info and to pre-register: https://tinyurl.com/rbtzsw3 Facilitators: Rob Stark and Kimaileen White
Ramsey County CareerForce Virtual Job Club	Meets virtually, access to computer / smart phone and email required to attend.	3rd Monday of the month, 1-2pm CST	Join to learn job networking methods.	To register, call 651-266-9890 or email: askworkforcesolutions@ramseycounty.us
South Minneapolis CareerForce	Meets in-person at South Mpls WorkForce Center, 777 E Lake St, Minneapolis, MN and virtually	VIRTUALLY: 1st, 2nd, 4th Mon and Tues 1-4pm CST IN-PERSON: 3rd Tues, 1-4pm. Thurs, 9-11am	A job club for job seekers. Meet other job seekers, get advice, referrals, and more. Facilitated by Job Service staff.	Pre-register for both virtual / in-person meetings at: https://www.careerforcemn.com/minneapolissouth OR www.Minnesotaworks.net
South Minneapolis Job Club Activity Group	In-person / online at Hosmer Library, Rm 104 347 East 36th Street Minneapolis, MN	Mondays and Tuesdays, 1-4pm	Work alongside other job seekers in small group. Research and contact employers, problem solve, exchange job leads, and get individual attention from staff and group. All are welcome!	Confirm dates and pre-register at https://www.careerforcemn.com/minneapolissouth
Washington Co. CareerForce Job Talk	Meets virtually	Two Mondays monthly, 10 – 11am	Facilitated online by a CareerForce trainer. Structured and forward-focused topics and discussion roundtable for job seekers.	Cindy Hinderks, cindy.hinderks@co.washington.mn.us Register at: www.Minnesotaworks.net

SPECIAL INTEREST GROUPS	Location	Meeting Time	Format Or Specialization	Contact Info
Eagle Group of MN Veterans - Career Track Group Meetings	Meets virtually via Zoom. Join meeting: www.eaglegroupmn.org/career-track.html	Every Tuesday, 5 – 7pm CST	Provides one-on-one / small-group coaching, search tips / strategies, networking contacts / communication skills, mock interviews / financial literacy and other job search support for veterans, spouses or service members in transition.	See website to register for meetings: www.eaglegroupmn.org/career-track.html LinkedIn Group: Eagle Group of Minnesota Veterans
Project Mgmt Institute (PMI-MN) - Career Networking Group	See website for in-person location	5 - 6pm before Chapter dinner meetings (unless otherwise noted for specific programs)	Provide environment to meet other chapter members, exchange career related info, and provide support for career enhancement and job search efforts. Informal discussions on career enhancement, job search strategies and related topics. Meeting formats include outside expert / member presentation, round table discussions, and article / web reviews. Open to PMI members and non-member project professionals at no cost.	https://pmi-mn.org/content/career-networking
Twin Cities Medical Device Networking	Varies by month - Twin Cities metro area In-person	3rd Thursday monthly, 4:30-6:30pm CST. Some months change due to conflicts.	Casual / friendly in-person networking at local breweries for those interested in medical device industry. Most events have 2-3 recruiting companies in attendance. Group leaders and many members are open to meet outside of events to support those in transition.	Contact Mark Oreschnick, marko@evolve-engr.com LinkedIn Group: Twin Cities Medical Device Networking Group https://www.linkedin.com/groups/14248328/
Veteran's Job Club - CareerForce MN	Meets VIRTUALLY	Every Monday, 10 -11:15am	Every session includes 3 employers who are hiring, networking, job search strategies, sharing of ideas and job leads.	Robert.Willis@state.mn.us See website for info and registration https://www.careerforcemn.com/